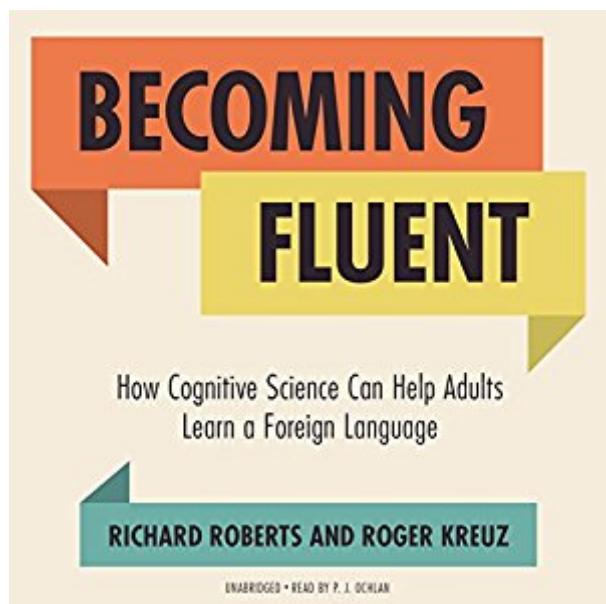


The book was found

# Becoming Fluent: How Cognitive Science Can Help Adults Learn A Foreign Language



## **Synopsis**

Adults who want to learn a foreign language are often discouraged because they believe they cannot acquire a language as easily as children. Once they begin to learn a language, students may be further discouraged when they find the methods used to teach children don't seem to work for them. What is an adult language learner to do? In *Becoming Fluent*, Richard Roberts and Roger Kreuz draw on insights from psychology and cognitive science to show that adults can master a foreign language if they bring to bear the skills and knowledge they have honed over a lifetime. Adults shouldn't try to learn as children do, they should learn like adults. Roberts and Kreuz report evidence that adults can learn new languages even more easily than children. Children appear to have only two advantages over adults in learning a language: they acquire a native accent more easily, and they do not suffer from self-defeating anxiety about learning a language. Adults, on the other hand, have the greater advantages - gained from experience - of an understanding of their own mental processes and knowing how to use language to do things. Adults have an especially advantageous grasp of pragmatics, the social use of language, and Roberts and Kreuz show how to leverage this metalinguistic ability in learning a new language. Learning a language takes effort. But if adult learners apply the tools acquired over a lifetime, it can be enjoyable and rewarding.

## **Book Information**

Audible Audio Edition

Listening Length: 5 hours and 38 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Blackstone Audio, Inc.

Audible.com Release Date: August 12, 2015

Whispersync for Voice: Ready

Language: English

ASIN: B013ULANCU

Best Sellers Rank: #114 in Books > Audible Audiobooks > Language Instruction > Other Languages #413 in Books > Audible Audiobooks > Nonfiction > Language Arts & Disciplines #633 in Books > Audible Audiobooks > Science > Medicine

## **Customer Reviews**

This fascinating book sits at the intersection of linguistics and cognitive science, but it might not be for everyone. The authors provide a lot of commentary on the language-learning experience, often

with their own personal anecdotes. The book provides a lot of different angles to view the question of "fluency" from, though it isn't organized with any particular narrative. If you've read something like "Fluent in 3 Months: How Anyone at Any Age Can Learn to Speak Any Language from Anywhere in the World" for the language-learning, and you've read "You Are Not So Smart: Why You Have Too Many Friends on Facebook, Why Your Memory Is Mostly Fiction, and 46 Other Ways You're Deluding Yourself" to help you better understand your own humanity, this book fills in a gap between the two that can provide a lot of support and understanding of the depth of learning a language, the kind you don't get from a yellow box purchased on late-night TV. This book covers things like overcoming the Confirmation Bias, leveraging your adult brain to learn language more efficiently than kids do, and accepting that maybe keeping your foreign accent is better than going native.

This book is about more than language learning, even though that is its main theme and why I bought it. I learned much about how the mind works, how we remember, how adults learn in different ways than children do. It is an upbeat book, with helpful advice and examples from the two author's own language learning experiences.

Here's a short book chock full of tips for adult language learners -- just enough theory that you understand it, and each chapter is stuffed with insights to succeed. As I read it, I was nodding about strategies that worked in the past, and highlighting tips for aspects that frustrated me. Biggest tip: it's easier to re-learn old material than start from scratch.

I found this book really easy to read and informative. It helped me understand many of the issues I have faced as an adult language learner. Learning about how memory works and how to capitalise on personal strengths and learning preferences will really give me a way forward as I continue my journey. Happy to recommend this book.

I loved this book! As a lifetime language learner, I found a lot of helpful tips. But what I most loved about the book is that I learned a lot about cognitive science in general, which will help me in much more than language learning. Lots of A-HA moments here!!! Highly recommended.

Very nice review of why "older folks" can be adept at learning a new foreign language. It reviews some biologic phenomena, forming the main thrust of the book: 1.: Prepubertals "naturally" pick up

language 2. Adults need to learn a foreign language differently, but are better equipped for that, due to life experience. I have some background in linguistics and neurobiology, so I didn't find anything new (to me) in the book. Enjoyable read, nevertheless.

It was too interesting to read this book. Personally, here are more good ideas to try. Some things were in my mind before, but the book help me systematic them.

Thrully change my mind set

[Download to continue reading...](#)

Becoming Fluent: How Cognitive Science Can Help Adults Learn a Foreign Language  
Khmer Language: 300+ Essential Words In Khmer - Learn Words Spoken In Everyday Khmer (Learn Khmer, Cambodia, Fluent Khmer): Forget pointless phrases, Improve ... (Learn Khmer, 300 useful words in khmer) Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1)  
Learn Portuguese: 300+ Essential Words In Portuguese - Learn Words Spoken In Everyday Portugal (Speak Portuguese, Fluent, Portuguese Language ): Forget pointless phrases, Improve your vocabulary  
Learn Russian: 300+ Essential Words In Russian - Learn Words Spoken In Everyday Russia (Speak Russian, Russia, Fluent, Russian Language): Forget pointless phrases, Improve your vocabulary  
Learn Tamil: 300+ Essential Words In Tamil - Learn Words Spoken In Everyday Sri Lanka (Speak Tamil, Sri Lanka, Fluent, Tamil Language): Forget pointless phrases, Improve your vocabulary  
Learn Arabic: 300+ Essential Words In Arabic- Learn Words Spoken In Everyday Arabic (Speak Arabic, Arab, Fluent, Arabic Language): Forget pointless phrases, Improve your vocabulary  
Learn Vietnamese: 300+ Essential Words In Vietnamese - Learn Words Spoken In Everyday Vietnam (Speak Vietnamese, Fluent, Vietnamese Language): Forget pointless phrases, Improve your vocabulary  
Learn Farsi: 300+ Essential Words In Farsi - Learn Words Spoken In Everyday Iran (Speak Farsi, Iran, Fluent, Farsi Language): Forget pointless phrases, Improve your vocabulary  
Learn Ukrainian: 300+ Essential Words In Ukrainian - Learn Words Spoken In Everyday Ukraine (Speak Ukrainian, Fluent, Ukrainian Language): Forget pointless phrases, Improve your vocabulary  
Learn Bulgarian: 300+ Essential Words In Bulgarian - Learn Words Spoken In Everyday Bulgaria (Speak Bulgarian, Bulgaria, Fluent, Bulgarian Language): Forget pointless phrases, Improve your vocabulary  
Fluent in 3 Months: How Anyone at Any Age Can Learn to Speak Any Language from Anywhere in the World  
Thai Phrasebook: Learn Thai Language for Beginners, 1001 Easy to Learn Thai Phrases (Thai Language Books, Learn Thai Language Fast) Fluent Forever:

How to Learn Any Language Fast and Never Forget It Focus to Learn German Faster: Foreign Language Study and Self Help with Hypnosis, Meditation, Relaxation, and Affirmations (The Sleep Learning System) Learn Spanish Faster, Open Your Mind to Foreign Language Help: Hypnosis, Meditation and Subliminal: The Sleep Learning System Featuring Rachael Meddows Speak Japanese in 90 Days: A Self Study Guide to Becoming Fluent (Volume 1) Speak Japanese in 90 Days: A Self Study Guide to Becoming Fluent: Volume One Speak German in 90 Days: A Self Study Guide to Becoming Fluent Study Chinese in Taiwan: A How-to Guide to Becoming Fluent in Mandarin Chinese in the Shortest Time Possible

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)